

## Plans and Management of Cases and Contacts Associated with Covid-19

### Case management

- Ability to self-manage
  - VAB encourages self-monitoring of all staff, students, and faculty.
  - VAB has open and regular communication regarding issues of housing conditions (cleanliness etc.).
  - Honest reporting of symptoms.
  - VAB requires anyone sick to stay home.
- Household configuration
  - VAB has record and is aware of all student housing situations (whether living with a homestay family, living on their own, or with family).
  - Readiness to support and accommodate those whose household may hinder the ability to isolate.
- Access to care
  - If student is under 19, a parent/guardian may be required to help care and monitor.
  - Students over 19 are checked in on and given open lines of communication if needing care.
- Clinical condition
  - Anyone considered at greater risk (chronic medical condition, immunocompromised etc.) are provided greater support and accommodation.
  - Those at greater risk are given instructions on self-monitoring symptoms and how and when to seek medical care.
- Suitable home environment
  - Staff ensure that a student has a suitable place to isolate from other household members.
  - If travelling from outside of Canada, arrangements are made in advance of arrival to ensure a student has a place to properly isolate.
  - If unable to self-isolate within the home, the space will be well ventilated, there will be sufficient room and space to physically distance, physical barriers will be used, and there will be frequent disinfecting.
- Co-living settings
  - Other accommodation will be arranged for students where self-isolating in a suitable home environment is not possible.
- Access to supplies and necessities
  - Students are set up with access to food, running water, drinking water, and supplies.
  - Students are regularly checked up on to make sure that they have everything they need.
- Risk to others in the home
  - If a student is in a homestay with household members with risk factors for severe disease or outcomes, they will be given alternative living arrangements.
  - No student entering Canada will be placed in a living situation with vulnerable people.

## Psychosocial considerations

- Students have regular check-ins with program directors to ensure mental health is being managed.
- Students have open communication with their program director about all issues including mental health.
- Students are provided with resources to support mental health and wellbeing.
- Students isolating or in quarantine are given links to resources and activities to keep them informed and busy.

## Quarantine and isolation policies

- Please see the Quarantine Plan document.
- Discontinuation of home isolation
- Staff, faculty, and students will follow the guidelines on when to discontinue home isolation.

## Contact management

- For any suspect cases, all individuals are told to take the BC Covid-19 Self-Assessment and call 8-1-1 for guidance.
- VAB does daily check-ins and has record of every individual who enters the building.
- Open and honest self-reporting and possible exposure is encouraged.

## Persons possibly exposed through travel

- See Safe Travel and Quarantine Protocol document.
- Students have pre-arranged, direct transportation to their place of quarantine.
- Students are advised to wear a mask while in transit and sit as far away from the driver as possible.
- Students have a pre-arranged safe and comfortable place to quarantine that is away from others, well-ventilated and clean.
- VAB arranges delivery of supplies (groceries, medications, order deliveries etc.).
- VAB ensures that all students travelling to Canada complete the mandatory quarantine and do so without any compliance issues.
  - VAB will report any compliance issues immediately.

## Core personal public health practices

- VAB stays informed and up to date on public health advice, and relays that information to students, staff, and faculty.
- VAB practices good hygiene.
  - Posted signage to encourage frequent hand washing and sanitizing.
  - Numerous hand sanitizer stations.
  - Regular, scheduled cleaning and disinfecting of touch surfaces.
  - Regular, scheduled hazing with Vital Oxide.
  - Floor markings, posted room capacities, one-way flow of traffic, and designated entrance and exit help maintain physical distancing
  - Reminders to not come in if ill for any reason (auto email response)
  - Encouraging self-monitoring and self-assessing before arrival.

- Daily health check-ins.
- Non-medical masks are required in all common areas where physical distancing is harder to maintain.
- VAB follows guidance of local, provincial, and federal health guidelines.
  - Regular calls to 8-1-1 for guidance.
  - No gatherings of over 50 people.
  - Regular checking and researching for up to date information from health officials.

**Resource:** <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/health-professionals/interim-guidance-cases-contacts.html>